

Janan Restaurant&Bar

Small plates

Kask-e Bademjan (v) £10

Baked, crushed aubergine, slow cooked with seasoned yoghurt and sprinkled with crushed walnuts and sauteed chopped mint

Mirza Ghasemi (v) £10

Soft roasted aubergine in a tomato and garlic sauce and finished with fried egg

Baba Ghanoush (v) £10 Baked, crushed aubergine cooked with tomato and garlic

Salad Olivieh £8 Roasted diced chicken in fresh olive oil mayonnaise with potatoes, gherkins and hard boiled eggs.

Mast-o Khiar (v) £6 Yogurt with mint and cucumber

Mast-o Mousir (v) £6 Yogurt with finely chopped wild shallots

Hummus (v) £8 A blend of chick peas, tahini, olive oil and freshly squeezed lemon juice.

Mezze Platter for two £39 Selection of five mezee (small plates) with bread

Freshly Baked Persian Bread (v) £2

Salads

Fatoush Salad £10 Cherry tomatoes, iceberg, cucumber, reddish, spring onion, peppers, pomegranate sauce crunchy bread,

Greek Salad (v) £10 | £18 Cherry tomatoes, cucumber, peppers, mixed olives, feta, red onion

Salad-e Shirazi (v) £8 Medley of diced tomato, cucumber and red onion, with fresh lemon juice and olive oil.

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GRILL

Served with either saffron rice or taftoun.

Whole baby Chicken £27

Poussin marinated in saffron, olive oil, yogurt, garlic and onion.

Chicken Sheesh (boneless chicken) £22

Tender chicken breast cubes, marinated in saffron, lemon and onion.

Koobideh (ground lamb)£19

Skewered, freshly seasoned, hand ground shoulder of lamb.

Gafghazi (boneless chicken & ground lamb) £27

Mixed chicken and tender lamb cube served with one skewer of Koobideh.

Barg (loin fillet) £28

Tender, marinated fillet of lamb in olive oil and onion

Lamb Chops £22 One skewer of tender, succulent 'best end' lamb chops marinated in olive oil and onion

Mixed Veg Kebab (v) £23

Charcoal grilled sweet pepper, red onion, courgette and tomato.

Steak of the Day £29 Served with steamed vegetables and chips

Kebab Platter for two £75 Two skewers of Koobideh, one chicken sheesh, one barg or lamb chops

STEW

Served with either saffron rice or taftoun.

Bamieh (v) £19 Stewed okra with tomato, saffron and diced red peppers

Gormeh Sabzi £23 | (v) £19 Lamb stew with a blend of mixed persian herbs, kidney beans and sun dried lime

Gheimeh Bademjan £23 | (v) £19 Lamb stew with split peas. Sun dried |

Lamb stew with split peas. Sun dried lime, tomato and baby augergine

CHEF SPECIAL

Lubia Polow £23 Cut Beans cooked with pure tomato and tender mixed lamb and persian spices.

Zereshk Polow £23

Sweet & sour rice with succulent chicken, wild barberries, saffron, pistachios & almonds

Baghali Polow with Mahiche £23

Saffrom rice cooked with fresh dill and hand peeled broad beans served with tender lamb shank

INTERNATIONAL TWIST

Tortellini in green pesto £19 Spinach Tortellini in home cooked green pesto sauce.

Spaghetti Bolognese £22 Spaghetti tossed in our slow cooked Bolognese sauce

Salmon Fillet £25 Salmon Fillet marinated in ginger, garlic olive oil & saffron

Seabass Fillet £25 Seabass fillet seasoned with saffron & persian spices

Beef Burger £24 Beef burger seasoned with salt and pepper

Chicken Burger £22 Chopped chicken breast, coated in blended wholegrain breadcrumbs

Veg Burger (v) £21 Sweet potato, quinoa & bulgar wheat and seasoned fragrant spices

SANDWICHES

Club Sandwich £24

Served with grilled chicken and Turkish bacon, lettuce, tomato and finished with fried egg pm either brown or white bread or toast. Served with fries and salad.

Chicken £12 Choice of either white or brown bread

Salmon £14 Choice of either white or brown bread

Tomato & Cucumber £9 Choice of either white or brown bread

SIDES

Chips £5

Saffron Rice £6

Bread Basket £6

DESSERTS

Sholezard £9 Rice pudding with saffron, rose water, cinnamon and cardamom

Ferni £9 Rose water rice pudding

Falooda with syrup £7

Persian Ice Cream £7 With or without Saffron

Ice cream £ 8 Two scoops of either vanilla, chocolate or strawberry

Brownie £ 8 Chocolate brownie served with scoop of icecream.



If you have any dietary requirements, please speak to one of our staff, so we can provide you with ingredient information to make a safe choice. All prices include VAT. Please note, a discretionary service charge of 15% will be added to your final bill.





HOT DRINKS

Tea £3.25 English breakfast Tea Earl grey Green tea

Coffee £3.45

Espresso Double espresso Americano Flat white Cappuccino Latte Mocha

Hot Chocolate £3.45

SOFT DRINK

Water £3 (Small) | £5 (Large) Still and Sparkling

Soda £3.75 Coke, diet-coke, fanta, sprite, red-bull

Juice £3.75 Orange, apple, cranberry, pineapple, tomato

Freshly squeezed juice £6.95 Orange

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